



TAKE IT: In the morning

DOSAGE: Adults: Add one scoop (11 g) to a glass (8 oz.) of water or your favorite beverage.

About 365 Power and Performance Daily Multivitamin:

Is a combination of vitamins, minerals, amino acids, prebiotics/probiotics, enzymes, over 50 superfoods, mushrooms, antioxidants and specially chosen herbal blends to give your body what it needs to meet the challenges of the day.

BENEFITS:

With over 100 ingredients, **365 Power and Performance Daily Multivitamin** is one of the most complex multivitamin blends on the market today, providing benefits such as:

- ✓ **Antioxidant**
- ✓ **Bone strengthening**
- ✓ **Optimizes the immune system**
- ✓ **Increased energy**
- ✓ **Strengthens heart function**
- ✓ **Performance Enhancement**
- ✓ **Improves circulation**

BENEFITS:

- ✓ **More than 110 nutrients**
- ✓ **Prebiotics, probiotics, amino acids and enzymes to support digestion**
- ✓ **High antioxidant power**
- ✓ **Contains natural ingredients**

WHY 365 POWER AND PERFORMANCE DAILY MULTIVITAMIN?

365 Power and Performance Daily Multivitamin has just about everything you need:

365 Power and Performance Daily Multivitamin it contains macrobiotic fermented superfoods that are organically grown throughout Asia and feature a combination of over 50 fruits, vegetables, legumes and whole grains. These ingredients are blended and fermented for maximum nutritional and prebiotic value. It provides over 50 organic ingredients to your nutritional needs like no other source can, with a complete vitamin and mineral profile.

It encompasses energy and health, improves performance, protects against diseases and strengthens the functions of organic systems. It has the vitamins indicated for optimal cellular, functional, protective and energetic development.

Vitamin C: Powerful antioxidant, helps protect our body from free radicals that cause oxidative stress.

Vitamin A: Helps in the maintenance of soft and bone tissues, teeth, skin.

Magnesium: Helps in the maintenance of bones and blood glucose levels.

Vitamin D3: Helps in the correct maintenance of the bone system.

Calcium: Forms and maintains strong bones, collaborates in muscle movement and nerve transmission, helps blood circulate and release hormones.

Vitamin B6: Produces antibodies, maintains healthy neurological function, helps in the production of hemoglobin, in the breakdown of proteins and regulates the level of sugar in the blood.

Zinc: Necessary for the functioning of the immune system, collaborates in blood coagulation, maintenance of vision and thyroid function.

Biotin: Contributes to hair and skin health, improves cognitive function and optimizes energy metabolism.

SUPPLEMENT FACTS

Serving Size: 1 Scoop (11 g)			Servings Per Container: 30		
Medium Composition	Amount Per Serving	% Daily Value	Medium Composition	Amount Per Serving	% Daily Value
Calories	5		Niacin (Nicotinamide)	11 mg	68.75%
Total Fat	0.02 g	0.02%	Vitamin B-6 (Pyridoxine)	1.7 mg	100%
Saturated fat	0g	+	Folate/Folic Acid	100 mcg	25%
Trans fat	0g	+	Vitamin B-12 (Methyl-cyanocobalamin)	2.4 mcg	100%
Cholesterol	0 mg	0%	Biotin	0.5 mcg	1.6%
Sodium	0 mg	0%	Pantothenic Acid (Calcium d-Pantothenate)	3.8 mg	76%
Total Carbohydrate	4 g	1.4%	Vitamin K1	43 mcg	35%
Dietary fiber	1.8 g	6.4%	Calcium	95 mg	7.3%
Total Sugars	3g	6%	Phosphorus (Dibasic Sodium Phosphate)	15.63 mg	1.25%
Includes 3 grams Added Sugars			Magnesium (Citrate)	3.77 mg	0.90%
Protein	0.222 g	0.44%	Zinc (Sulfate)	163 mcg	1.5%
Vitamin A	530 mcg	58.8%	Chromium (Piccolinate)	30 mcg	85%
Vitamin C	80 mg	88%	Copper (Gluconate)	32 mcg	3.5%
Vitamin D-3	20 mcg	100%	Potassium (Citrate)	44 mg	0.93%
Vitamin E (Alpha tocopheryl)	15 mg	100%			
Vitamin B-1 (Thiamin)	810 mcg	67.5%			
Vitamin B-2 (Riboflavin)	910 mcg	70%			

Proprietary 365 Blend 1,410 mg *
Branched-Chain Amino Acid (BCAA contains leucine, valine, and isoleucine), Trace Minerals (ConcenTrace AC), Glucosamine HCL, MSM, Grape Seed (Extract), Lactobacillus Acidophilus (2.5 Billion UFC/g), Fibersol, Inulin, Chondroitin (Sulfate), Inositol, Enzyme Blend (Protease, Amylase, Lipase, Cellulase), Rhodiola (Extract), Chlorella, Ashwagandha (Root), Bacopa (Powder), Maca Powder (Root), Green Tea (45% Powder), White Tea (Powder), Caralluma Fimbriata (Powder), Reishi Mushroom (Powder), Turmeric (Powder).

Super Food Blend 55. 500 mg *
Grape, Brown Rice, Potato, Apple, Cabbage, Cucumber, Celery, Banana, Onion, Burdock, Spinach, Pear, Orange Peel, Tomato, Bean Sprout, Lotus Rhizome, Pumpkin, Shiitake Mushroom, Ginger, Lettuce, Garlic, Trefoil, Udo, Asparagus, Bamboo Grass, Clover, Kombu, Coltsfoot, Dandelion, Plantain, Pea Sprout, Parsley, Pineapple, Strawberry, Knotweed, Chive, Enokitake Mushroom, Chrysanthemum, Mugwort, Oriental Celery, Leek, White Fir, Broccoli, Hemp Protein, Milk Thistle, Beetroot, Alfalfa, Artichoke and Moringa.

*Daily Value not established % Daily value is based upon a 2,000 calorie diet.
Other Ingredients: Dextrose Monohydrate, Erythritol, Sucralose, Stevia Extract, Citric Acid, Natural Flavors, Malic Acid, Silicon Dioxide.

Conserve the environment. / Do not use if safety seal is damaged or missing. / Recycle or place in the container. FDA Registered Manufacturer. / Keep out of reach of children. / Store in a cool dry place.

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DOSAGE: Adults: Mix the contents of one sachet with water (8-10 oz) or your favorite beverage. Shake well and consume in the morning.

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- ✓ **Optimizes the immune system**
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Trans fat	0g	+	Vitamin B-12	2.4 mcg	100%
Cholesterol	0 mg	0%	(Methyl-cyanocobalamin)		
Sodium	0 mg	0%	Biotin	0.5 mcg	1.6%
Total Carbohydrate	4 g	1.4%	Pantothenic Acid	3.8 mg	76%
Dietary fiber	1.8 g	6.4%	(Calcium d-Pantothenate)		
Total Sugars	3g	6%	Vitamin K1	43 mcg	35%
Includes 3 grams Added Sugars			Calcium	95 mg	7.3%
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DOSAGE: Adults: Take 3 capsules before breakfast, once a day.

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SUPPLEMENT FACTS

Serving Size: 3 capsules			Servings Per Container: 30		
Medium Composition	Amount Per Serving	% Daily Value	Medium Composition	Amount Per Serving	% Daily Value
Calories	1		Vitamin B-6 (Pyridoxine)	1.7 mg	100%
Total Fat	0.02 g	0.02%	Folate / Folic Acid	100 mcg	25%
Saturated fat	0 g	+	Vitamin B-12 (Methyl-cyanocobalamin)	2.4 mcg	100%
Trans fat	0 g	+	Biotin	0.5 mcg	1.6%
Cholesterol	0 mg	0%	Pantothenic Acid (Calcium d-Pantothenate)	3.8 mg	76%
Sodium	0 mg	0%	Vitamin K1	43 mcg	35%
Total Carbohydrate	1 g	0.35 %	Calcium	95 mg	7.3%
Dietary fiber	0.9 g	3.2%	Phosphorus (Dibasic Sodium Phosphate)	15.63 mg	1.25%
Total Sugars	0g	0 %	Magnesium (Citrate)	3.77 mg	0.90%
Protein	0.222 g	0.44%	Zinc (Sulfate)	163 mcg	1.5%
Vitamin A	530 mcg	58.8%	Chromium (Picolinate)	30 mcg	85%
Vitamin C	80 mg	88%	Copper (Gluconate)	32 mcg	3.5%
Vitamin D-3	20 mcg	100%	Potassium (Citrate)	44 mg	0.93%
Vitamin E (Alpha tocopheryl)	15 mg	100%	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Vitamin B-1 (Thiamin)	810 mcg	67.5%			
Vitamin B-2 (Riboflavin)	910 mcg	70%			
Niacin (Niacinamide)	11 mg	68.75%			

Vitamin C: Powerful antioxidant, helps protect our body from free radicals that cause oxidative stress.

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TÓMALO: Por la mañana

DOSIS: Adultos: Agregar una cucharada (11 gr.) a un vaso (8 oz.) de agua o a su bebida favorita

Sobre 365 Power and Performance Daily Multivitamin:

Es una combinación de vitaminas, minerales, aminoácidos, prebióticos/probióticos, enzimas, más de 50 súper-alimentos, hongos, antioxidantes y conjuntos de hierbas especialmente elegidos para brindarle al cuerpo lo que necesita para enfrentar los desafíos del día.

BENEFICIOS:

Con más de 100 ingredientes, **365 Power and Performance Daily Multivitamin** es una de las mezclas multivitamínicas más complejas del mercado actual, proporcionando beneficios como:

- ✓ **Antioxidante**
- ✓ **Incremento de energía**
- ✓ **Mejora el rendimiento**
- ✓ **Fortalecimiento óseo**
- ✓ **Fortalece la función cardíaca**
- ✓ **Mejora la circulación**
- ✓ **Fortalece el sistema inmune**

VENTAJAS:

- ✓ **Más de 100 nutrientes**
- ✓ **Prebióticos, probióticos, aminoácidos y enzimas para apoyar la digestión**
- ✓ **Gran nivel antioxidante**
- ✓ **Contiene ingredientes naturales**

¿POR QUÉ 365 POWER AND PERFORMANCE DAILY MULTIVITAMIN?

365 Power and Performance Daily Multivitamin tiene casi todo lo que necesitas:

Contiene super alimentos fermentados macrobióticos que se cultivan orgánicamente en toda Asia y presentan una combinación de más de 50 frutas, verduras, legumbres y granos enteros. Estos ingredientes están mezclados y fermentados para conseguir el máximo valor nutricional y prebiótico. Proporciona más de 50 ingredientes orgánicos a sus necesidades nutricionales como ninguna otra fuente puede hacerlo, con un perfil completo de vitaminas y minerales.

Abarca energía y salud, mejora el rendimiento, protege ante enfermedades y fortalece las funciones de los sistemas orgánicos. Tiene las vitaminas indicadas para lograr un óptimo desarrollo celular, funcional, protector y energético.

Vitamina C: Potente antioxidante, ayuda a proteger nuestro organismo de los radicales libres que provocan el estrés oxidativo.

Vitamina A: Colabora en el mantenimiento de tejidos blandos y óseos, dientes, piel.

Magnesio: Colabora en el mantenimiento de los huesos y los niveles de glucosa en la sangre.

Vitamina D3: Colabora en el correcto mantenimiento del sistema óseo.

Calcio: Forma y mantiene huesos fuertes, colabora en el movimiento muscular y la transmisión nerviosa, ayuda a que la sangre circule y a liberar hormonas.

Vitamina B6: Produce anticuerpos, mantiene la función neurológica saludable, colabora en la producción de hemoglobina, en la descomposición de proteínas y regula el nivel de azúcar en la sangre.

Zinc: Necesario para el funcionamiento del sistema inmunológico, colabora en la coagulación de sangre, el mantenimiento de la visión y la función tiroidea.

Biotina: Contribuye a la salud del cabello y la piel, mejora la función cognitiva y optimiza el metabolismo energético.

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Vitamin B-2 (Riboflavin)	910 mcg	70%			

Proprietary 365 Blend 1,410 mg *
Branched Chain Amino Acid (BCAA contains leucine, valine, and isoleucine), Trace Minerals (ConcenTrace AC), Glucosamine HCL, MSM, Grape Seed (Extract), Lactobacillus Acidophilus (2.5 Billion UFC/g), Fibersol, Inulin, Chondroitin (Sulfate), Inositol, Enzyme Blend (Protease, Amylase, Lipase, Cellulase), Rhodiola (Extract), Chlorella, Ashwagandha (Root), Bacopa (Powder), Maca Powder (Root), Green Tea (45% Powder), White Tea (Powder), Caralluma Fimbriata (Powder), Reishi Mushroom (Powder), Turmeric (Powder).

Super Food Blend 55. 500 mg *
Grape, Brown Rice, Potato, Apple, Cabbage, Cucumber, Celery, Banana, Onion, Burdock, Spinach, Pear, Orange Peel, Tomato, Bean Sprout, Lotus Rhizome, Pumpkin, Shiitake Mushroom, Ginger, Lettuce, Garlic, Trefoil, Udo, Asparagus, Bamboo Grass, Clover, Kombu, Coltsfoot, Dandelion, Plantain, Pea Sprout, Parsley, Pineapple, Strawberry, Knot, Weed, Chive, Enokitake Mushroom, Chrysanthemum, Mugwort, Oriental Celery, Leek, Todor Fir, Broccoli, Hemp Protein, Milk Thistle, Beetroot, Alfalfa, Artichoke, and Moringa.

*Daily Value not established % Daily value is based upon a 2,000 calorie diet.
Other Ingredients: Dextrose Monohydrate, Erythritol, Sucralose, Stevia Extract, Citric Acid, Natural Flavors, Malic Acid, Silicon Dioxide.

Conserve the environment. / Do not use if safety seal is damaged or missing. / Recycle or place in the container. FDA Registered Manufacturer. / Keep out of reach of children. / Store in a cool dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Keep out of reach of children. This product is not intended to be used by minors. If you are pregnant or breastfeeding, consult a doctor before using this product. If you are taking any medication or have any type of medical issue, consult a healthcare professional before using this product. This product may be manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and crustacean shellfish. The Federal Food, Drug and Cosmetic Act requires this notice.



TÓMALO: Por la mañana

DOSIS: Adultos: Toma 3 cápsulas antes del desayuno, una vez al día.

Sobre 365 Power and Performance Daily Multivitamin:

Es una combinación de vitaminas, minerales, aminoácidos, prebióticos/probióticos, enzimas, más de 50 súper-alimentos, hongos, antioxidantes y conjuntos de hierbas especialmente elegidos para brindarle al cuerpo lo que necesita para enfrentar los desafíos del día.

BENEFICIOS:

Con más de 100 ingredientes, **365 Power and Performance Daily Multivitamin** es una de las mezclas multivitamínicas más complejas del mercado actual, proporcionando beneficios como:

- ✓ **Antioxidante**
- ✓ **Incremento de energía**
- ✓ **Mejora el rendimiento**
- ✓ **Fortalecimiento óseo**
- ✓ **Fortalece la función cardíaca**
- ✓ **Mejora la circulación**
- ✓ **Fortalece el sistema inmune**

VENTAJAS:

- ✓ **Más de 100 nutrientes**
- ✓ **Prebióticos, probióticos, aminoácidos y enzimas para apoyar la digestión**
- ✓ **Gran nivel antioxidante**
- ✓ **Contiene ingredientes naturales**

¿POR QUÉ 365 POWER AND PERFORMANCE DAILY MULTIVITAMIN?

365 Power and Performance Daily Multivitamin tiene casi todo lo que necesitas:

Contiene super alimentos fermentados macrobióticos que se cultivan orgánicamente en toda Asia y presentan una combinación de más de 50 frutas, verduras, legumbres y granos enteros. Estos ingredientes están mezclados y fermentados para conseguir el máximo valor nutricional y prebiótico. Proporciona más de 50 ingredientes orgánicos a sus necesidades nutricionales como ninguna otra fuente puede hacerlo, con un perfil completo de vitaminas y minerales.

Abarca energía y salud, mejora el rendimiento, protege ante enfermedades y fortalece las funciones de los sistemas orgánicos. Tiene las vitaminas indicadas para lograr un óptimo desarrollo celular, funcional, protector y energético.

Vitamina C: Potente antioxidante, ayuda a proteger nuestro organismo de los radicales libres que provocan el estrés oxidativo.

Vitamina A: Colabora en el mantenimiento de tejidos blandos y óseos, dientes, piel.

Magnesio: Colabora en el mantenimiento de los huesos y los niveles de glucosa en la sangre.

Vitamina D3: Colabora en el correcto mantenimiento del sistema óseo.

Calcio: Forma y mantiene huesos fuertes, colabora en el movimiento muscular y la transmisión nerviosa, ayuda a que la sangre circule y a liberar hormonas.

Vitamina B6: Produce anticuerpos, mantiene la función neurológica saludable, colabora en la producción de hemoglobina, en la descomposición de proteínas y regula el nivel de azúcar en la sangre.

Zinc: Necesario para el funcionamiento del sistema inmunológico, colabora en la coagulación de sangre, el mantenimiento de la visión y la función tiroidea.

Biotina: Contribuye a la salud del cabello y la piel, mejora la función cognitiva y optimiza el metabolismo energético.

SUPPLEMENT FACTS

Serving Size: 3 capsules			Servings Per Container: 30		
Medium Composition	Amount Per Serving	% Daily Value	Medium Composition	Amount Per Serving	% Daily Value
Calories	1		Vitamin B-6 (Pyridoxine)	1.7 mg	100%
Total Fat	0.02 g	0.02%	Folate / Folic Acid	100 mcg	25%
Saturated fat	0 g	+	Vitamin B-12 (Methyl-cyanocobalamin)	2.4 mcg	100%
Trans fat	0 g	+	Biotin	0.5 mcg	1.6%
Cholesterol	0 mg	0%	Pantothenic Acid (Calcium d-Pantothenate)	3.8 mg	76%
Sodium	0 mg	0%	Vitamin K1	43 mcg	35%
Total Carbohydrate	1 g	0.35 %	Calcium	95 mg	7.3%
Dietary fiber	0.9 g	3.2%	Phosphorus (Dibasic Sodium Phosphate)	15.63 mg	1.25%
Total Sugars	0g	0 %	Magnesium (Citrate)	3.77 mg	0.90%
Protein	0.222 g	0.44%	Zinc (Sulfate)	163 mcg	1.5%
Vitamin A	530 mcg	58.8%	Chromium (Picolinate)	30 mcg	85%
Vitamin C	80 mg	88%	Copper (Gluconate)	32 mcg	3.5%
Vitamin D-3	20 mcg	100%	Potassium (Citrate)	44 mg	0.93%
Vitamin E (Alpha tocopheryl)	15 mg	100%			
Vitamin B-1 (Thiamin)	810 mcg	67.5%			
Vitamin B-2 (Riboflavin)	910 mcg	70%			
Niacin (Niacinamide)	11 mg	68.75%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.