



TÓMALO: Añadir 2 cucharadas (40 g) a 300–350 ml de agua, agitar vigorosamente y disfrutar.

SMR (SMART MEAL REPLACEMENT)

Es mucho más que un simple suplemento nutricional; es una solución práctica y completa para quienes buscan energía, nutrición y bienestar en un solo paso. Con una fórmula cuidadosamente diseñada y enriquecida con vitaminas, minerales, proteínas y aminoácidos esenciales, SMR es el aliado perfecto para complementar tu alimentación diaria de manera deliciosa, saludable y conveniente.

BENEFICIOS:

- ✓ **Aporta nutrientes esenciales de forma rápida y práctica.**
- ✓ **Fácil de preparar para un aporte nutricional en cualquier momento.**
- ✓ **Ayuda a conservar y desarrollar masa muscular.**
- ✓ **Favorece la digestión y el metabolismo.**
- ✓ **Ideal para planes de control de peso gracias a su efecto saciante.**

VENTAJAS:

SMR (SMART MEAL REPLACEMENT), es una opción ideal para personas con estilo de vida activo, estudiantes, trabajadores o cualquier persona que necesita una comida rápida, pero completa y saludable. Gracias a su alto contenido nutricional, ayuda a mantener niveles óptimos de energía, sin necesidad de recurrir a alimentos ultraprocesados o con bajo valor nutricional. Además, su presentación en polvo es fácil de preparar, perfecta para llevar y disfrutar en cualquier momento del día.

¿POR QUÉ SMR (SMART MEAL REPLACEMENT)?

SMR (SMART MEAL REPLACEMENT), es la elección inteligente para quienes buscan una nutrición completa, práctica y deliciosa en cualquier momento del día. Su fórmula avanzada aporta los nutrientes necesarios para mantenerte lleno de energía, controlar el apetito y apoyar el bienestar general. Es perfecto para un estilo de vida activo, planes de control de peso o simplemente para quienes desean cuidar su salud sin sacrificar tiempo ni sabor.

INGREDIENTES:

Proteína de suero Aislada al 90%: Aporta proteínas de alta calidad que favorecen la sensación de saciedad y ayudan a mantener la masa muscular.

Vitamina A: Apoya la salud visual, fortalece el sistema inmune.

Vitamina C: Antioxidante que refuerza las defensas del cuerpo y ayuda en la absorción del hierro.

Vitamina D3: Favorece la absorción de calcio, fortaleciendo huesos y músculos.

Vitamina E (Alfa-Tocoferol): Protege las células del daño oxidativo y contribuye a la salud de la piel y el sistema cardiovascular.

Vitamina B1 (Tiamina): Esencial para convertir los alimentos en energía y apoyar el sistema nervioso.

Vitamina B2 (Riboflavina): Participa en la producción de energía y el mantenimiento de la piel y los ojos.

Niacina (Nicotinamida): Favorece la salud del sistema nervioso, la piel y el metabolismo.

Vitamina B6 (Piridoxina): Ayuda a metabolizar proteínas y a la función cerebral y el estado de ánimo.

Ácido fólico: Apoya la formación de nuevas células y el funcionamiento adecuado del sistema nervioso.

Vitamina B12 (Metilcobalamina): Apoya la producción de glóbulos rojos y el sistema nervioso.

Biotina: Apoya al metabolismo de grasas, proteínas y carbohidratos, mejorando la salud del cabello y uñas.

Ácido pantoténico (Calcio D-Pantotenato): Esencial para producir energía y hormonas que ayudan al manejo del estrés.

Vitamina K1: Contribuye a la coagulación sanguínea y a la salud de los huesos.

Calcio: Fortalece huesos y dientes y es vital para la función muscular y nerviosa.

Magnesio: Apoya la función muscular, el equilibrio de electrolitos y reduce el cansancio.

Potasio: Ayuda a mantener la presión arterial saludable y el funcionamiento muscular adecuado.

L-Leucina: Aminoácido que promueve la síntesis de proteínas y prolonga la sensación de saciedad.

L-Valina: Favorece la reparación muscular y proporciona energía durante la actividad física.

L-Isoleucina: Apoya la recuperación muscular y regula los niveles de azúcar en la sangre.

SUPPLEMENT FACTS

Serving Size: 2 scoops (40 g) Serving per Container: 21

Calories		220.61
Medium composition	Amount per Serving	% Daily Value*
Total Fat	9 g	11.5%
Saturated Fat	0 g	+
Trans Fat	0 g	+
Cholesterol	0 mg	0%
Sodium	120 mg	5.2%
Total Carbohydrate	5 g	1.8%
Dietary Fiber	0.4 g	1.42%
Total Sugars	1 g	2%
Protein	22 g	44%
Vitamin A	489 mcg	54.3%
Vitamin C	31 mg	50.33%
Vitamin D3	1.8 mcg	9%
Vitamin E (Alpha-Tocopheryl)	1.8 mg	12%
Vitamin B1 (Thiamin)	0.53 mg	44.16%
Vitamin B2 (Riboflavin)	0.84 mg	64.61%
Niacin (Niacinamide)	8.5 mg	53.1%
Vitamin B6 (Pyridoxine)	0.66 mg	39%
Folate / Folic Acid	98 mcg	24.5%
Vitamin B12 (Methylcobalamin)	1.33 mcg	55.41%
Biotin	30 mcg	100%
Pantothenic Acid (Calcium D-Pantothenate)	2.7 mg	54%
Vitamin K1	31.1 mcg	26%
Calcium	143 mg	11%
Magnesium	14 mg	3.33%
Potassium	218 mg	4.63%
L-Leucine	241 mg	+
L-Valine	132 mg	+
L-Isoleucine	132 mg	+

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Daily Value not established. % Daily Value is based on a 2,000 calorie diet.

Ingredients: Whey protein isolate (90% micronized), NFD (non-fat dry milk) for texture, vegetable fat, L-Leucine, L-Valine, L-Isoleucine, natural vanilla flavor, pectin (as thickening agent), vegetable cellulose, silicon dioxide, beta-carotene (as natural coloring), Vitamin C, stevioside extract powder, Niacin (Niacinamide), Pantothenic Acid (Calcium D-Pantothenate), Vitamin E (Alpha-Tocopheryl), Vitamin A, Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine), Vitamin B1 (Thiamin), Folate / Folic Acid, Vitamin K1, Biotin, Vitamin D3, Vitamin B12 (Methylcobalamin).



TAKE IT: Add 2 tablespoons (40 g) to 300–350 ml of water, shake vigorously, and enjoy.

SMR (SMART MEAL REPLACEMENT)

It's much more than a simple nutritional supplement; it's a practical and complete solution for those seeking energy, nutrition, and well-being in one step. With a carefully designed formula enriched with vitamins, minerals, proteins, and essential amino acids, SMR is the perfect ally to complement your daily diet in a delicious, healthy, and convenient way.

BENEFITS:

- ✓ Provides essential nutrients quickly and conveniently.
- ✓ Easy to prepare for nutritional support anytime.
- ✓ Helps preserve and build muscle mass.
- ✓ Supports digestion and metabolism.
- ✓ Ideal for weight management plans thanks to its satiating effect.

ADVANTAGES:

SMR (SMART MEAL REPLACEMENT), is an ideal option for people with an active lifestyle, students, workers, or anyone who needs a quick, yet complete and healthy meal. Thanks to its high nutritional content, it helps maintain optimal energy levels without resorting to ultra-processed foods or those with low nutritional value. In addition, its powdered presentation is easy to prepare, perfect to take and enjoy anytime during the day.

WHY ROYAL SMR (SMART MEAL REPLACEMENT)?

SMR (SMART MEAL REPLACEMENT), is the smart choice for those seeking complete, practical, and delicious nutrition at any time of the day. Its advanced formula provides the nutrients necessary to maintain energy levels, control appetite, and support overall well-being. It's perfect for maintaining an active lifestyle, weight management plans, or simply for those who want to take care of their health without sacrificing time or flavor.

INGREDIENTS:

90% Isolated Whey Protein: Provides high-quality protein that promotes a feeling of fullness and helps maintain muscle mass.

Vitamin A: Supports visual health and strengthens the immune system.

Vitamin C: Antioxidant that boosts the body's defenses and aids in iron absorption.

Vitamin D3: Promotes calcium absorption, strengthening bones and muscles.

Vitamin E (Alpha-Tocopherol): Protects cells from oxidative damage and contributes to skin and cardiovascular health.

Vitamin B1 (Thiamine): Essential for converting food into energy and supporting the nervous system.

Vitamin B2 (Riboflavin): Involved in energy production and maintenance of healthy skin and eyes.

Niacin (Nicotinamide): Supports nervous system, skin, and metabolic health.

Vitamin B6 (Pyridoxine): Helps metabolize proteins and supports brain function and mood.

Folic Acid: Supports new cell formation and proper nervous system function.

Vitamin B12 (Methylcobalamin): Supports red blood cell production and the nervous system.

Biotin: Aids in the metabolism of fats, proteins, and carbohydrates, improving hair and nail health.

Pantothenic Acid (Calcium D-Pantothenate): Essential for producing energy and hormones that help manage stress.

Vitamin K1: Contributes to blood clotting and bone health.

Calcium: Strengthens bones and teeth and is vital for muscle and nerve function.

Magnesium: Supports muscle function, electrolyte balance, and reduces fatigue.

Potassium: Helps maintain healthy blood pressure and proper muscle function.

L-Leucine: Amino acid that promotes protein synthesis and prolongs satiety.

L-Valine: Supports muscle repair and provides energy during physical activity.

L-Isoleucine: Aids in muscle recovery and regulates blood sugar levels.

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